



Aging Well: Embracing the Journey

Saturday, October 10

8:30 AM - 1:15 PM

Whether you are a senior, a family caregiver, or someone in your 40s or 50s planning ahead, this event offers valuable guidance, expert insights, and connections to organizations that can support you along the way. Information tables will feature representatives from agencies specializing in Medicare, Medicaid, senior services, healthcare resources, financial planning, and more.

Participants will attend two breakout sessions of their choice, receive take-home resources from each presenter, and enjoy a complimentary boxed lunch while connecting with others who share a commitment to aging with purpose, dignity, and hope.

Come discover practical strategies, meaningful conversations, and a supportive community as we embrace the journey of aging—together.

If you need assistance completing the online registration, please call Christ Church Cathedral at (513) 621 - 1817 or email us at hello@cccath.org.

Learn More and Register Online Today!



Sponsored in partnership by the Senior Star*s Ministry (SSM), Christ Church Cathedral (CCC), and Episcopal Retirement Services (ERS).

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